Family Gratitude Journal

TECTCommunity.com

2026



What made you smile today? Thomas Educational Consulting and Training

Who helped you this week, and how can you thank them? **Thomas Educational**

What is one thing about your home that you're thankful for? **Thomas Educational**

Name a friend or teacher who makes your day better.



What was your favorite part of	f today?
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Write about a challenge that taught you something good. **Thomas Educational**

What is one thing in nature that you appreciate?

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What makes your family special? Thomas Educational Consulting and Training

What is something you used today that made life easier? **Thomas Educational**

Who makes you laugh, and why are you thankful for them? **Thomas Educational**

What food do you enjoy most, and what memory does it bring? **Thomas Educational**

What is a song, book, or story that makes you feel happy?

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What is something you can do to show kindness tomorrow? **Thomas Educational**

Name one thing about yourself that you are proud of. **Thomas Educational**

What is one moment from this week you never want to forget? **Thomas Educational**

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